



Here are some of our independent retailers that offer home delivery and/or curbside pick-ups thru Phone, Email, and Direct Message on Facebook. Visit their website to find more details about their home delivery and pick-up services. (Retailers are arranged alphabetically.)

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Retailers	City	Website	Delivery/Shipping Information
Crampton's Market	Headingley	https://cramptonsmarket.com/	<p>1. Shop all the products available. Items marked as “Sold Out” are not available at the time of ordering and/or not available at the time of Market Pickup. Our goal is to have the freshest and highest quality products and pull them if they don’t meet our standards. Item changes occur frequently. If you leave your cart open too long, items can sell out, preventing you from checking out.</p> <p>2. Checkout. Notes: Enter your vehicle model & license plate in the Notes area.</p> <p>3. Choose your Pickup Date and Time. Your order can be picked up within 28 hours and up to 5 days in advance. We offer weekday pickups only.</p> <p>4. Market Pickup. Park in our Market Pickup spots, call the store, open your trunk, leave happy!</p>
Nutters Bulk and Natural Foods	Dauphin	https://nutters.com/	<p>1. In-person – Nutters’ doors are still open to our customers, but we ask that you honour social distancing rules and respect that some stores may have to limit access in order to stay within the required limitations. Store size will be the determining factor. Phone: 204-638-4081</p> <p>2. Call and Collect – You can call the store, place your order, pay by credit card and Nutters will contact you to let you know when you can pick up your order.</p> <p>3. Call and Deliver – If you are unable to visit, or prefer to remain in your home, you can call, place</p>

			and pay for your order by credit card and we will deliver to your doorstep.
Vic's Fruit Market	Winnipeg	https://www.vicsmarket.ca/curbsidepickup?fbclid=IwAR2UvZ-dhZrrgiwjyyA3EJmK1Hyv4wbW8tFbhQzS0RdwxFT-5fBI9rIL3VY	<p>Email your orders to: orders@vicsmarket.ca</p> <p>Step 1: Make a list! Please thoroughly go through your grocery list BEFORE you send the order. Due to the volume of order requests, we are unable to do add-ons.</p> <p>Step 2: In the SUBJECT LINE please include your desired pick-up date., name and phone number. Then, create an email with your list.</p> <p>Step 3: Leave it to us! We will fulfill your order and call you when the order is ready.</p> <p>Step 4: When we call, we will let you know your payment total and receive your payment over the phone. We are able to accept VISA, Debit via a wireless, contactless terminal, or you can pay by check or exact cash.</p> <p>Orders are now subject to a service charge: - for orders \$50 and under: \$2.50 charge - for orders \$50-\$100: \$5.00 charge - for orders \$100 or more: \$7.50 charge</p>
Vita Health	Winnipeg	https://www.vitahealth.ca/default.aspx	<p>Shop online from our website or thru Box n' Drops</p> <p>Website: https://myvita.ca/online-shopping-information/</p> <p>Box n' Drops: https://boxndrops.com/en/store/Vita-Health/361036</p>