



Here are some of our independent retailers that offer home delivery and/or curbside pick-ups thru Phone, Email, and Direct Message on Facebook. Visit their website to find more details about their home delivery and pick-up services. (Retailers are arranged alphabetically per province.)

## ALBERTA

Retailers	City	Website	Delivery/Shipping Information
Heritage Foods	Brooks	<a href="http://healthfirstnetwork.ca/heritagefood/">http://healthfirstnetwork.ca/heritagefood/</a>	<b>Curbside Pick-up;</b> Call, text or facetime your order at <b>403-362-7705</b>
Homegrown Foods	Stony Plain	<a href="https://homegrownfoods.ca/">https://homegrownfoods.ca/</a>	<p><b>1. Same Day Delivery</b> (Stony Plain &amp; Spruce Grove only): Place your order with the store (online, fax or over the phone) by 2 pm (Monday - Friday, exceptions apply) and we will have your order packaged and delivered the same day with Lokal, a local delivery service: \$5 delivery charge.</p> <p><b>2. Pick up in-store:</b> Order your products online and when your order is ready you can come and pick it up from our store in Stony Plain. Payment for in-store pick up is required upon ordering.</p> <p><b>3. Home Delivery:</b> We offer Home Delivery to Stony Plain, Spruce Grove and up to 10km out of town, an additional fee will be added if the delivery out of town.</p> <p><b>4. Shipping:</b> We currently use Canada Post (Provided with this shipping areas insurance on \$100 value, a guaranteed 5 business day delivery (beginning the day after Canada Post receives your package) and tracking. We use a \$17 flat-rate cost for the shipping on orders within Canada, this covers most shipments.</p>
Homesteader Health	Gateway, Downtown Grand Prairie, Fort St. John	<a href="https://www.homesteaderhealth.com/">https://www.homesteaderhealth.com/</a>	<p><b>Home delivery;</b> Phone order and delivery out at your own cost.  <b>Gateway: 780-538-9970</b>  <b>Downtown: 780-538-1133</b>  <b>Fort St. John: 250-785-1455</b></p>

<p>Italian Centre Shop</p>	<p>Little Italy, Southside, West End, Calgary</p>	<p><a href="https://www.italiancentre.ca/curbside-pick-up">https://www.italiancentre.ca/curbside-pick-up</a></p>	<p><b>1. Call the shop</b> of your choice to place your order (9 am-4 pm)</p> <p><b>Little Italy: 780 424-4869    West End:780 454-4869</b>  <b>Southside: 780 989-4869    Calgary: 403 238-4869</b></p> <p><b>2. Wait for confirmation</b> when your grocery is ready for pick-up. Curbside pick-up is available for same-day pick-up, the lead time is currently 2-3hrs.</p> <p><b>3. Call the shop once or upon arrival</b></p> <p><b>4. Orders will be delivered to your car</b>, pop your trunk for minimal contact</p>
<p>Nutters Bulk and Natural Foods</p>	<p>Jasper, Canmore, Camrose, Olds, Okotoks</p>	<p><a href="https://nutters.com/">https://nutters.com/</a></p>	<p><b>1. In-person</b> – Nutters’ doors are still open to our customers, but we ask that you honour social distancing rules and respect that some stores may have to limit access in order to stay within the required limitations. Store size will be the determining factor.</p> <p><b>2. Call and Collect</b> – You can call the store, place your order, pay by credit card and Nutters will contact you to let you know when you can pick up your order.</p> <p><b>3. Call and Deliver</b> – If you are unable to visit, or prefer to remain in your home, you can call, place and pay for your order by credit card and we will deliver to your doorstep.</p> <p><b>Jasper: 780-852-5844    Canmore: 403-678-3335</b>  <b>Camrose: 780-672-8685    Olds: 403-556-1100</b>  <b>Okotoks: 403-938-1740</b></p>
<p>Purple Carrot Health Foods</p>	<p>Lethbridge</p>	<p><a href="https://www.purplecarrotlethbridge.ca/order">https://www.purplecarrotlethbridge.ca/order</a></p>	<p><b>1. Order Online</b> - visit our website to place orders. Choose your delivery options. Someone will call you to confirm your order and take your payment.</p> <p><b>2. Curbside Pick-up</b> - we will have your order ready for the time that suits you best and meet you on the sidewalk</p> <p><b>3. Door-step Delivery</b> - we will bring your order before 6 pm</p> <p><b>Coaldale/ Coalhurst deliveries are Thursdays afternoon only.</b></p>